**Net Games Using Innovative Gopher Equipment**

**John Byl**

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Description: Come and engage in innovative games with innovative equipment that progressively build skills and concepts of net games. Some of the activities use rebounders, small parachutes, heavy balls, and hidden targets. Come prepared to participate.

For an excellent Net Games Book go to:

<https://www.ciraontario.com/product-page/net-and-wall-games>

Warm Up (10 minutes):

* Two Square Cooperative
* Two Square Competitive

5 Minutes each activity

|  |  |
| --- | --- |
| * Two Square with spot
* Hidden Mission
	+ Over Net
	+ Under Net
* Nitro
 | * Team Launch
* Fit Toss
* D’Lite
* Volley Bound
 |

10 minutes debrief

Agenda

* Two Square Cooperative
	+ <https://www.canadago4sport.com/Net/Team-Two-Square-Cooperative-Instructions>
	+ <https://www.canadago4sport.com/Net/Team-Two-Square-Cooperative>
* Two Square Competitive
	+ <https://www.canadago4sport.com/Net/Team-Two-Square-Competitive>
* Two Square with spot
	+ <https://www.canadago4sport.com/Target1/Ace-Chase-Two-Square>
* Nitro
	+ <https://www.canadago4sport.com/Net/Nitro-Ball>
* Mission Targets
	+ Over Net
		- <https://www.canadago4sport.com/Target1/Mission-Target-Over-Net>
	+ Under Net
		- <https://www.canadago4sport.com/Target1/Mission-Target-Under-Net>
* Team Launch
	+ <https://www.canadago4sport.com/Net/Team-Launch-Volleyball>
* Fit Toss
	+ <https://www.canadago4sport.com/Net/Fit-Toss>
* D’Lite
	+ <https://www.canadago4sport.com/Net/Floating-Volleyball>
* Volley Bound
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